

Myself Seen Through a Filter

TRUTH tells me “in Christ”:

1. I am God’s child: *John 1:12*
2. I am a member of Christ’s body: *I Cor. 12:27*
3. I am a saint: *Ephesians 1:1*
4. I have direct access to God: *Ephesians 2:18*
5. I am free of condemnation: *Romans 8:1-2*
6. I cannot be separated from God’s love: *Romans 8:35-39*
7. I have been given a spirit of power, love, and a sound mind: *II Timothy 1:7*
8. I am God’s workmanship: *Ephesians 2:10*
9. I can do all things: *Philippians 4:13*

But filters like:

Ignorance of the truth...
Those who teach false doctrine...
Thoughts from deceiving spirits...
Unhealthy interpersonal relationships...
Poor role models of authority figures, especially parents...

LIES that make me feel:

1. Uncared for.
2. Alone and isolated.
3. Like a “bad person”.
4. Unable to approach God.
5. Condemned.
6. That God is far away.
7. Fearful and powerless.
8. Useless and unworthy.
9. Able to do nothing.

“In Christ” I am accepted...

John 1:12	I am God’s child.	Ephesians 1:1	I am a saint.
John 15:15	I am Christ’s friend.	Ephesians 1:5	I have been adopted as God’s child.
Romans 5:1	I have been justified.	Ephesians 2:18	I have direct access to God .
I Corinthians 6:17	I am united with the Lord.	Colossians 1:14	I have been redeemed and forgiven.
I Corinthians 6:19-20	I have been bought with a price. I belong to God.	Colossians 2:10	I am complete in Christ.
I Corinthians 12:27	I am a member of Christ’s body.		

“In Christ” I am secure...

Romans 8:1-2	I am free forever from condemnation.	Philippians 3:20	I am a citizen of heaven.
Romans 8:28	I am assured that all things work together for good.	Colossians 3:3	I am hidden with Christ in God.
Romans 8:31-34	I am free from any condemning charges against me.	II Timothy 1:7	I have not been given a spirit of fear, but of power, love, and soundness.
Romans 8:35-39	I cannot be separated from the love of God.		I can find grace and mercy in Christ.
II Corinthians 1:21-22	I have been established, anointed, and sealed by God.	Hebrews 4:16	I am born of God, and the evil one cannot touch me.
Philippians 1:6	I am confident God’s work in me will be perfected.	I John 5:18	

“In Christ” I am significant...

Matthew 5:13-14	I am the salt of the earth.	II Corinthians 6:1	I am God’s co-worker.
John 15:1,5	I am a branch of the true vine, a channel of His life.	Ephesians 2:6	I am seated with Christ in the heavenly realms.
John 15:16	I have been chosen and appointed to bear fruit.		I am God’s workmanship.
Acts 1:8	I am a personal witness of Christ’s.	Ephesians 2:10	I may approach God with freedom and confidence.
I Corinthians 3:16	I am God’s temple.	Ephesians 3:12	I can do all things through Christ strengthens me.
II Corinthians 5:17-21	I am a minister of reconciliation for God.	Philippians 4:13	